

Wahe Guru

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Soprano

Alto

Bass

Wa - he gu - ru, wa - he gu - ru. Wa - he gu - ru,

Detailed description: This block contains the first system of a musical score for three voices: Soprano, Alto, and Bass. The Soprano part is on a treble clef staff with a whole rest followed by a melodic line. The Alto part is on a treble clef staff with a whole rest followed by a melodic line with lyrics 'Wa - he gu - ru, wa - he gu - ru. Wa - he gu - ru,'. The Bass part is on a bass clef staff with a whole rest followed by a melodic line. The music is in common time (C) and features a key signature of one flat (B-flat).

7

S

A

B

wa - he gu - ru. Wa - he

Detailed description: This block contains the second system of the musical score, starting at measure 7. The Soprano part (S) is on a treble clef staff with a melodic line. The Alto part (A) is on a treble clef staff with a melodic line and lyrics 'wa - he gu - ru. Wa - he'. The Bass part (B) is on a bass clef staff with a melodic line. The music continues in common time (C) and one flat (B-flat).

Wahe Guru är sammansatt av WAHE som betyder extas och GURU som betyder från mörker till ljus eller från okunnighet till insikt och visdom. Enligt yogan är detta mantra bra att använda för en person som har problem med starka känslor, sorg, ilska etc. WAHE GURU skapar en känsla av inre frid.

Källa: www.andrummetvärmdö.se